



**ORDER OF THE HEALTH OFFICER OF THE COUNTY OF MENDOCINO
PUBLIC HEALTH EMERGENCY ISOLATION AND QUARANTINE
ORDER FOR COVID-19
DATE OF ORDER: January 31, 2022
EFFECTIVE UNTIL RESCINDED**

**UNDER THE AUTHORITY OF THE CALIFORNIA HEALTH AND SAFETY CODE
SECTIONS 101040, 120175, 120215, 120220, and 120225
THE COUNTY OF MENDOCINO HEALTH OFFICER ORDERS:**

Violation or failure to comply with this Order is a misdemeanor punishable by imprisonment, fine or both.
(Health & Safety Code §§ 120295 et seq.; Cal. Gov. § 8665; Penal Code §19; Mendocino County Ordinance No. 4464)

**Isolation and Quarantine Requirements for COVID-19
For General Public**

DEFINITIONS

<p>A “COVID-19 Case” is defined as anyone who has:</p> <ul style="list-style-type: none"> (1) A positive lab test for the coronavirus (known as SARS-CoV-2) that causes COVID-19; <u>OR</u> (2) Symptoms that are consistent with COVID-19 (i.e., flu-like symptoms such as sore throat, coughing, shortness of breath, a temperature of 100.4°F/ 38°C or greater, or sudden loss of smell and/or taste), but no lab test ruling out COVID-19; <u>OR</u> (3) A health care provider or the Department of Public Health has informed the individual that they are likely to have COVID-19. <p>Any COVID-19 Case must isolate, regardless of vaccine status or recent infection.</p>	<p>A “Close Contact” is anyone who was exposed to a COVID-19 Case while they were infectious/contagious:</p> <ul style="list-style-type: none"> (1) Live in or have stayed at the case’s residence; <u>OR</u> (2) Are intimate sexual partners of the case; <u>OR</u> (3) Provide or provided care to the case without wearing a mask, gown, and gloves; <u>OR</u> (4) Were within 6 feet of a case for 15 minutes or more (cumulatively over a 24-hour period); <u>AND</u> (5) This contact occurred while the case was determined to be infectious. A case is infectious within 48 hours before that person’s symptoms began or within 48 hours before the COVID-19 positive sample was collected and until that person is no longer required to be isolated. <p>Any Close Contact must quarantine, unless they have a Current COVID-19 Vaccine, as defined below, or have had a documented case of COVID-19 that began within the last three months.</p>
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<p>Isolation: separates those with a COVID-19 Case from people who are not infected.</p>	<p>Quarantine: restricts the movement of persons who are Close Contacts in case they become infected.</p>
<p>A person is considered to have a “Current COVID-19 Vaccine” if:</p> <p>(1) They received all boosters for which they are eligible; OR</p> <p>(2) They are fully vaccinated (2 or more weeks have passed since receiving final dose) but not yet eligible for any boosters.</p>	<p>A person does <u>NOT</u> have a “Current COVID-19” Vaccine if:</p> <p>(1) They are eligible for a booster shot, but they have not yet received that booster, OR;</p> <p>(2) They are not fully vaccinated (less than 2 weeks have passed since receiving final dose).</p>

1. WHO IS REQUIRED TO ISOLATE:

To prevent the spread of COVID-19, the Mendocino County Health Officer (“Health Officer”) hereby requires every person who meets the above definition of a **COVID-19 Case** by following all instructions set forth in **Attachment A**. They must also inform their close contacts of the need to quarantine pursuant to this order.

2. HOW LONG YOU ARE REQUIRED TO ISOLATE:

Every person who meets the definition of a **COVID-19 Case** (above) must isolate themselves by following the instructions set forth in **Attachment A**.

a) Individuals with a positive test who never develop symptoms must isolate either:

- (1) for 10 days after the date of sample collection for COVID-19 positive test; OR
- (2) after testing out by receiving a negative COVID-19 antigen test taken on or after day 5.¹

b) Individuals with symptoms consistent with COVID-19 must isolate until at least 24 hours have passed since resolution of fever (without medications) and improvement of symptoms; AND:

- (1) for 10 days after the date of sample collection for COVID-19 positive test; OR
- (2) after testing out by receiving a negative COVID-19 antigen test taken on or after day 5.

3. WHO IS REQUIRED TO QUARANTINE:

To prevent the spread of COVID-19, the Health Officer hereby requires every person who meets the above definition of a **Close Contact** (defined above) to quarantine themselves by following all instructions set forth in **Attachment A**, unless they have a **Current COVID-19 Vaccine** (as defined above) or have had a documented case of COVID-19 that began within the last three months.

¹ Days must be counted starting the first day after the sample for the initial positive test is taken. People who develop symptoms should start counting the first day after the onset of symptoms.

A **Close Contact** who is not required to quarantine:

- a) Must self-monitor for symptoms for 10 days and if any are detected, test; AND
- b) Wear a medical or N95 type mask while near others (both indoors and outdoors) for a full 10 days; AND
- c) Should consider testing on day 5 unless you have previously tested positive for COVID-19 in the last three months.

4. HOW LONG YOU ARE REQUIRED TO QUARANTINE:

Every person who meets the definition of a COVID-19 **Close Contact** (defined above) who must quarantine themselves must follow the instructions set for in **Attachment A**.

Individuals must quarantine either (1) for 10 days or (2) after testing out by receiving a negative COVID-19 antigen test taken on or after day 5.

If a quarantined person becomes sick with fever, cough, or shortness of breath (even if their symptoms are very mild), the quarantined person should now consider themselves an active case (see #2 above) and must:

- (1) Contact their medical provider and seek coronavirus testing; AND
- (2) Contact County Public Health at **(707) 472-2759**; AND
- (3) **Isolate** themselves and follow the “Home Isolation Instructions,” posted at <https://www.mendocinocounty.org/community/novel-coronavirus/health-order> and attached to this Order; AND
- (4) Contact their close contacts and advise them to follow quarantine instructions (**Attachment A**).

5. SPECIAL MASKING REQUIREMENTS:

Every **COVID-19 Case** and every **Close Contact** must wear a medical or N95 type mask while near others, both indoors and outdoors. This special masking requirement applies for a full 10 days after their initial positive test, the onset of symptoms, or last close contact. Masking is required for the full 10 days regardless of vaccination status, and applies even when a person tests out of isolation or quarantine requirements.

6. PROTECTIONS FOR VULNERABLE PEOPLE:

People who are moderately or severely ill, immune compromised, or are in close contact with someone who is vulnerable or immune compromised should consider isolating or quarantining for a longer period of time.

7. SPECIAL RULES FOR HEALTHCARE WORKERS:

Healthcare Workers may be subject to different requirements set forth in other orders. Please review industry specific orders posted at: <https://www.mendocinocounty.org/community/novel-coronavirus>.